## Aikidoseminar with Patrick Cassidy (7. Dan Aikikai)

## 30. January - 01. February 2026 in Alpen



## Schedule:

**Friday:** 19:00 - 21:00 h

**Saturday:** 12:00 – 14:30 h

15:30 - 17:30 h

**Sunday:** 10:30 - 13:00 h

**Costs:** 100 Euro for the whole seminar

30 Euro only friday or sunday

60 Euro only saturday

85 Euro saturday and another day (friday or sunday)

**Registration**: Heidrun Hoffmann/Josef Jorgens

Tel: 0049/02802/704966

Mail: post@heidrun-hoffmann.de

**Location**: Friday and Sunday: Weseler Str. 12; 46519 Alpen

Saturday: Gym hall of the primary school; Zum Wald 16; 46519 Alpen

On friday and sunday participation is only possible with a previous registration (Max. 30 participants)

Saturday is open for everybody. We have no limited spaces. Please bring Jo an Bokken.

You want to stay overnight? Please contact Josef and Heidrun.
On saturday we will go to an Italian restaurant.
If you want to join, please make a binding registration.
The organizer assume no liability.